



**Chesham and Villages  
Community Board**

**Presentation**

**Thursday 24<sup>th</sup> February 2022**



# Simply Walk

- Partnership funded project. with the aim of increasing levels of physical activity among sedentary people.
- Started 2002 and hosted by Buckinghamshire Council since 2007.
- Accredited under the national Walking for Health initiative



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Please visit our website for full information and list of  
walks.

[buckinghamshire.gov.uk/simply-walk](http://buckinghamshire.gov.uk/simply-walk)